

MT. PLEASANT TRACK CLUB
CROSS COUNTRY MEET
1251 Park West Blvd, Mt. Pleasant, SC
Meet at Track

WHEN: Saturday, October 15, 2022

TIME: 8:45 Walk-Thru

9:30 2K (8 and under Girls) (2014 – below)

9:50 2K (8 and under Boys) (2014 – below)

10:10 3K (9-10 Girls) (2012-2013)

10:30 3K (9-10 Boys) (2012-2013)

10:50 3K (11-12 Girls)(2010-2011)

11:10 3K (11-12 Boys)(2010-2011)

11:30 4K (13 and up Girls/Boys) (2008-2009)
(2004- 2007)

WHERE: Mt. Pleasant Sports Complex at Park West. (track)

AWARDS: We will be awarding the Top 10 medals in each age group: 8 and under, 9-10, 11-12, 13-14, 15-18 boys and girls. POST RACE PARTY: We will provide drinks (water/Gatorade) for runners after each race.

COURSE DESCRIPTION: The course is a combination of grass, bike trails and dirt trails with one hill. The races start and finish on the football field, inside the track. I would not recommend spikes.

BATHROOMS: They are in the gymnasium. Please keep your kids out of the gym area.

RACE RESULTS: We will send out results Saturday afternoon as well as post on our website (www.mptrackclub.com) and www.athletic.net.

REGISTRATION: There is no fee, but registration is through www.athletic.net under the MPTC XC Meet. Entries are due by Tuesday, October 11, 2022 by 11:59pm. Call Tami Dennis at 843-817-8560 if you have questions. Age groups are determined by USATF standards, which is December 31, 2022 cutoff. (Example: 8 years old but turning 9 in December 2022, they will run 9-10)